

Research of Morphology and Luminescence of Particles Based on Yttrium Fluorides for Medical Usage

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Abstract

The purpose of this experiment was to synthesize nanophosphor for use in medicine, namely, in photodynamic therapy. And also the study of the effect of duration, environment and stabilizers of solvothermal synthesis on the microstructure and luminescent properties of YF₃:Ce nanophosphor. Solvothermal synthesis was carried out in three different media: water, ethanol, and ethylene glycol. The optimal duration of the synthesis was also determined (the synthesis was carried out at a temperature of 200° C for 4...20 hours). Using SEM, the morphology and particle size of YF₃:Ce phosphors were studied depending on various stabilizers (polyethylene glycol, polyethyleneimine, polyvinylpyrrolidone).

Introduction

Photodynamic therapy (PDT) is a modern effective method of cancer treatment. **The main problem** limiting the use of PDT is the difficulty of supplying the light required to activate the photosensitizer, since body tissues absorb visible light.

A possible solution to the problem is the creation of a pharmacological preparation containing a photosensitizer and a nanophosphor that converts radiation that penetrates through the tissues of the body (X-ray or infrared) into light with a wavelength necessary for the operation of a photosensitizer.

Thus, we have now set the task to create a phosphor that meets the following requirements:

- excitation by radiation penetrating the body tissues (X-ray or γ -rays)
- emitting light in the region with the wavelength required to activate the photosensitizer
- non-toxic and harmless to the body
- particle size (no more than 100 nm)
- hydrolytic stability

Experiment

The original aqueous solution of REE salts

↓
Stirring in a medium and adding stabilizer

↓
Adding fluoride solution NH₄F

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Stirring the solution and sonicating

↓
Thermal treatment in autoclave

↓
Nanophosphor

Results

The first part of the experiment: determining the optimal synthesis environment.

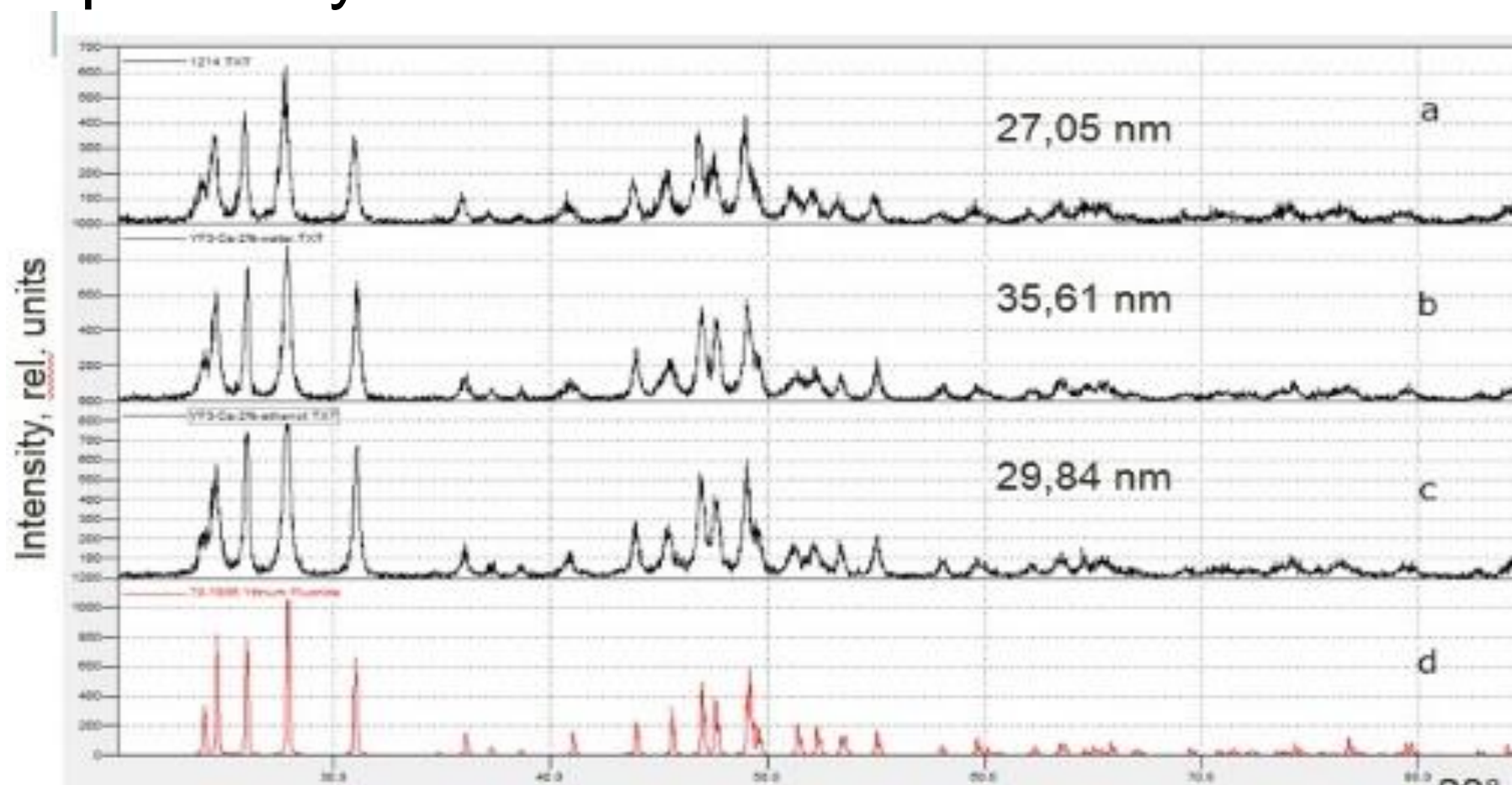


Fig. 1. Diffraction patterns of YF₃:Ce³⁺ samples synthesized in different media: a - ethylene glycol, b - water, c - ethanol, d - orthorhombic YF₃ (PDF card 70-1935).

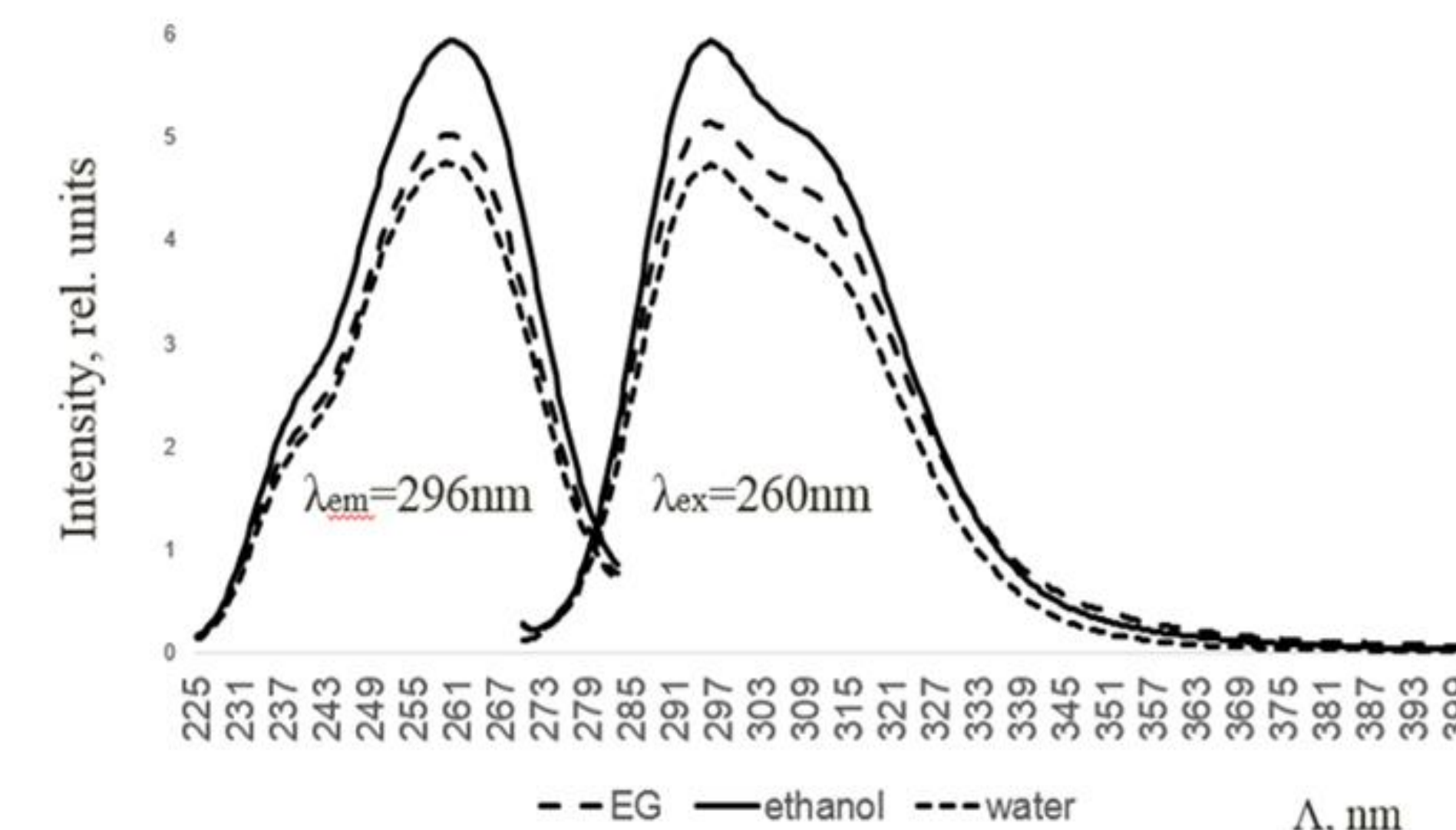


Fig. 2. Photoluminescence spectra (excitation and emission) of YF₃:Ce 2%mol. samples synthesized in various media.

The second part of the experiment: determining the optimal concentration of cerium.

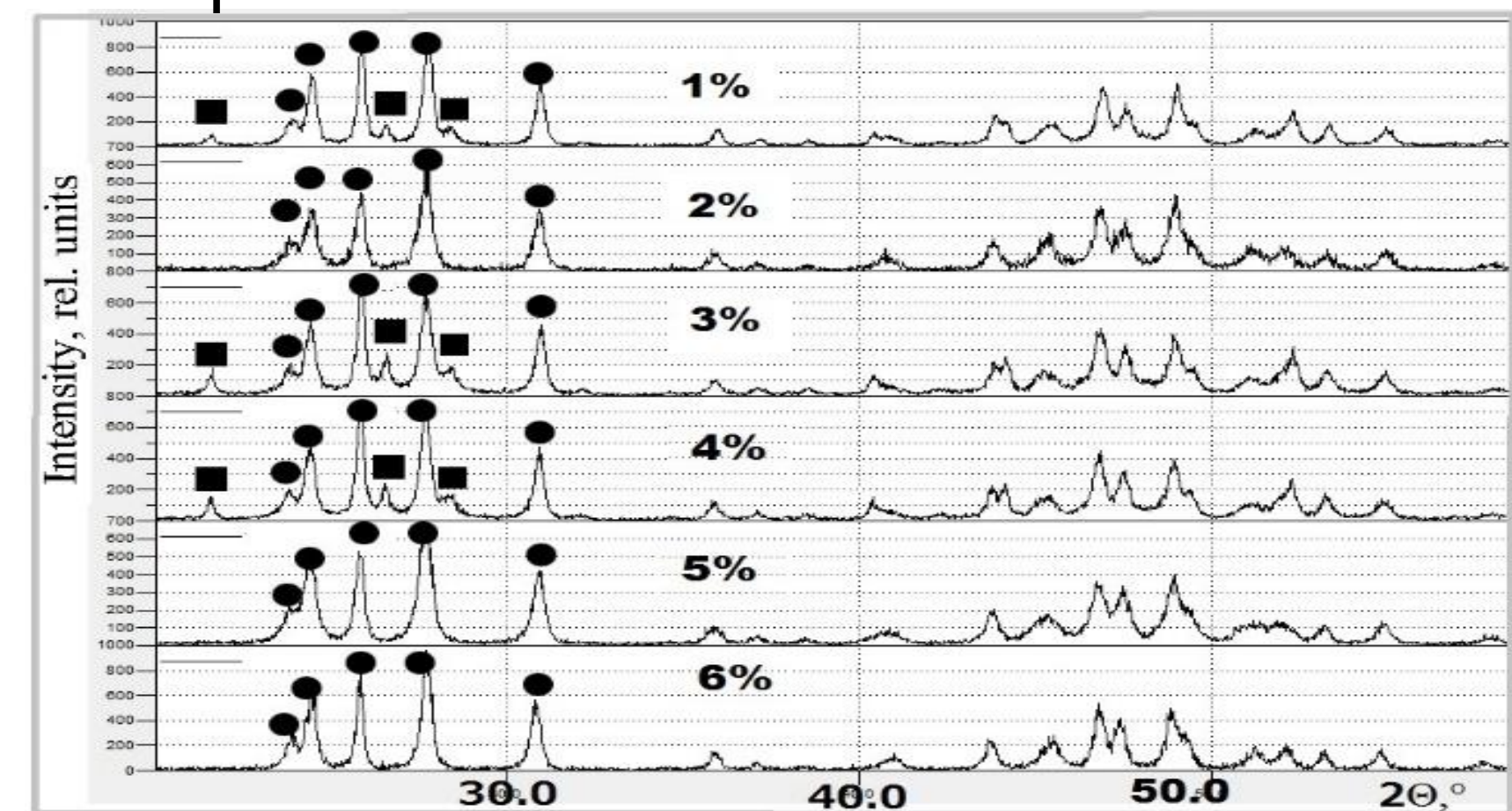


Fig. 3. X-Ray diffraction patterns with different concentrations of cerium. The circles indicate the peaks related to the orthorhombic phase, the squares - the cubic phase.

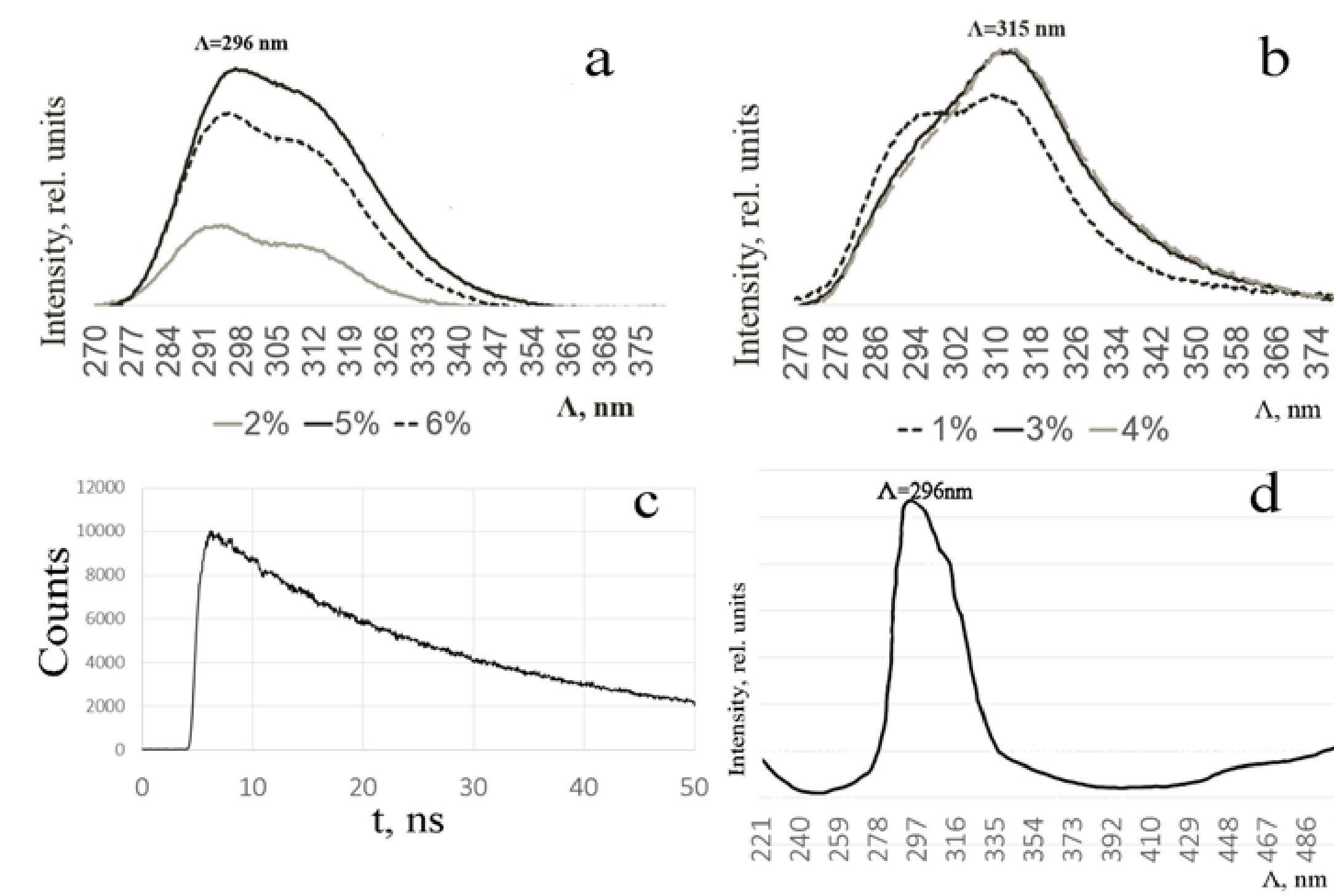


Fig. 4. Luminescence characteristics of samples YF₃:Ce. a - photoluminescence spectra of YF₃:Ce (orthorhombic phase); b - photoluminescence spectra of YF₃:Ce samples (orthorhombic phase with an admixture of the cubic phase); c - graph of decay time of YF₃:Ce 5%mol. sample; d - X-ray luminescence spectrum YF₃:Ce 5%mol. sample).

The third part of the experiment: determining the optimal synthesis duration.

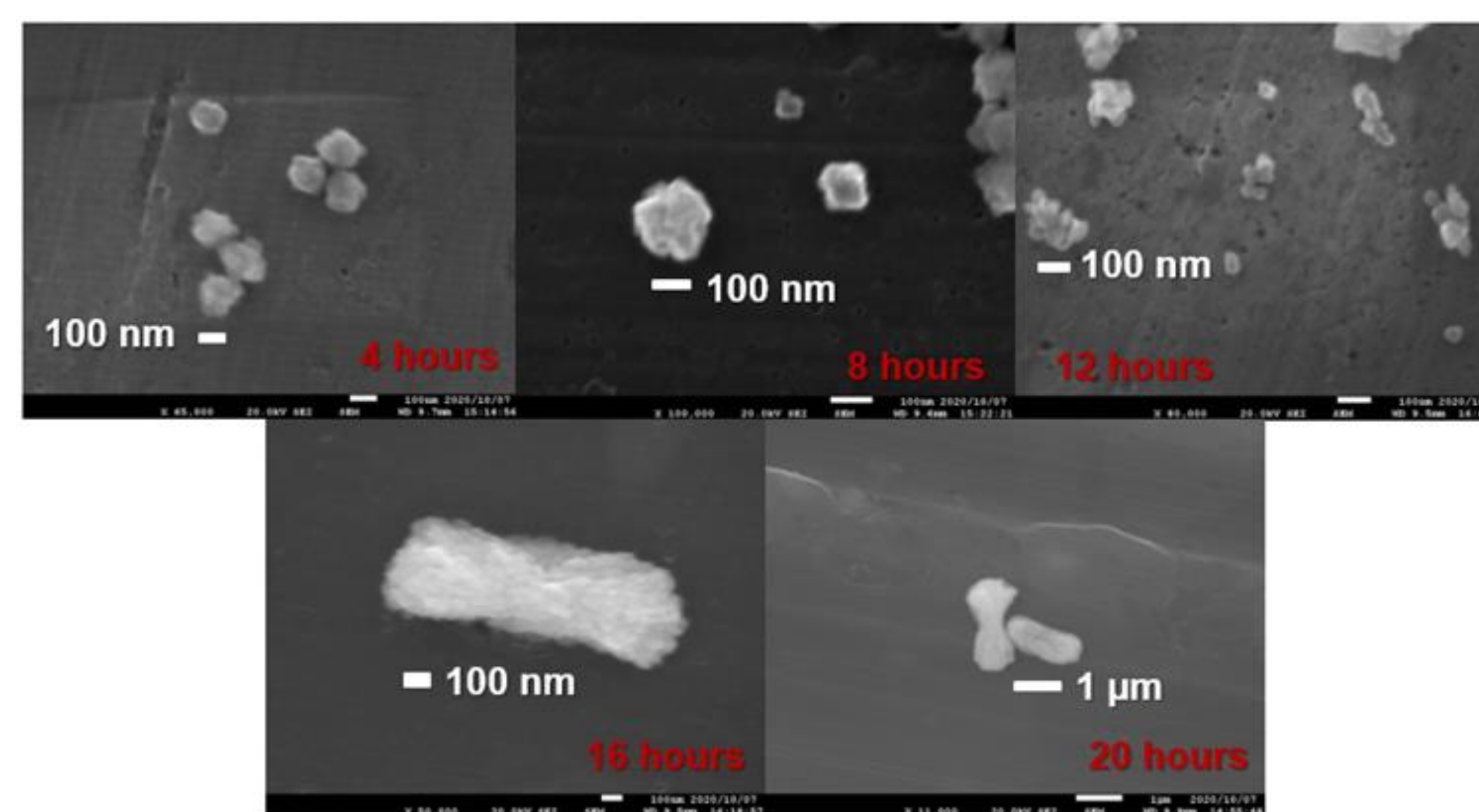


Fig.5. Micrographs of YF₃ samples synthesized for 4, 8, 12, 16 and 20 hours.

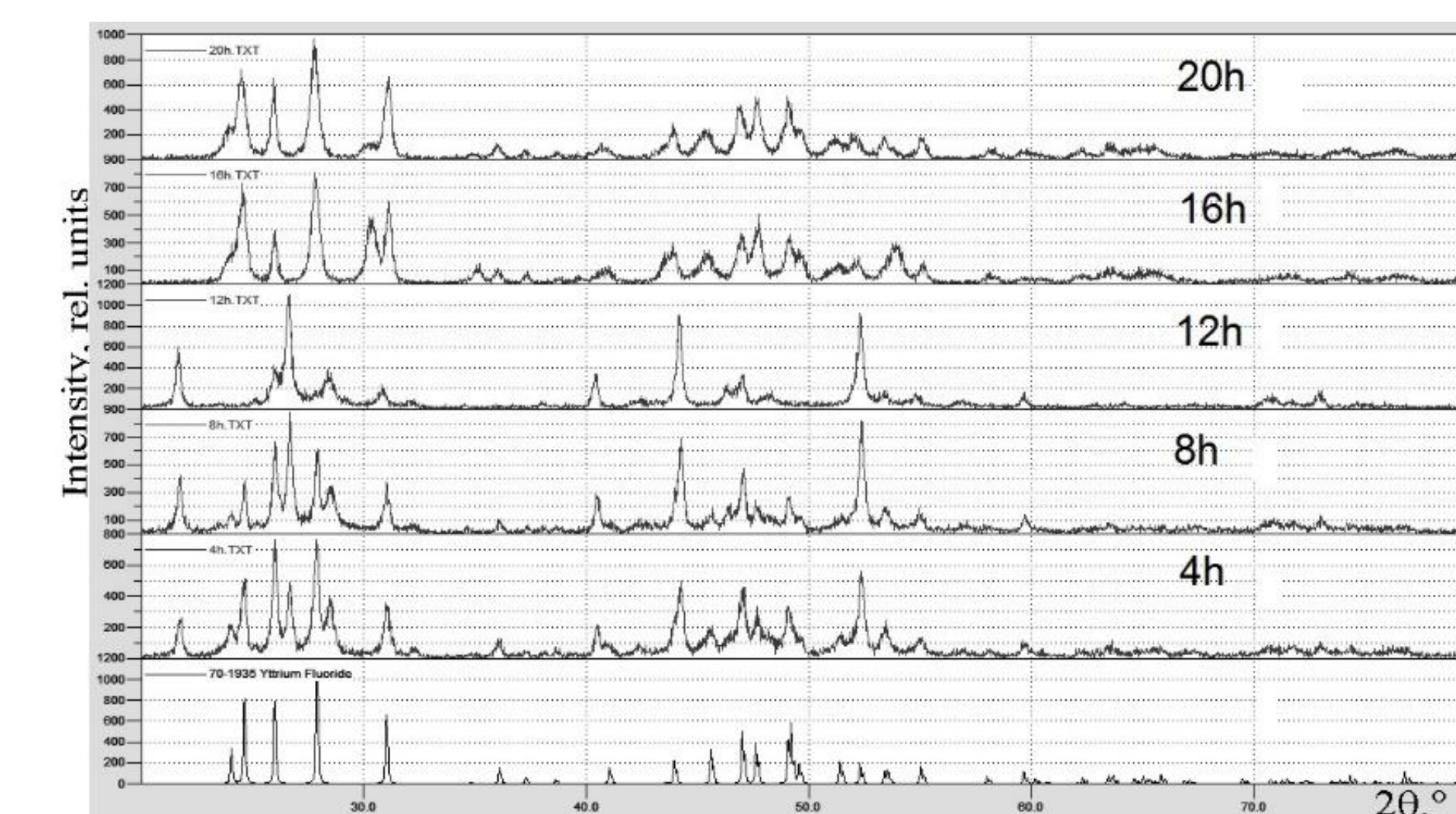


Fig. 6. X-ray diffraction patterns of YF₃ samples synthesized over different time periods.

The fifth part of the experiment: determining the optimal stabilizer (polyethylene glycol (PEG), polyethyleneimine (PEI), polyvinylpyrrolidone (PVP)).

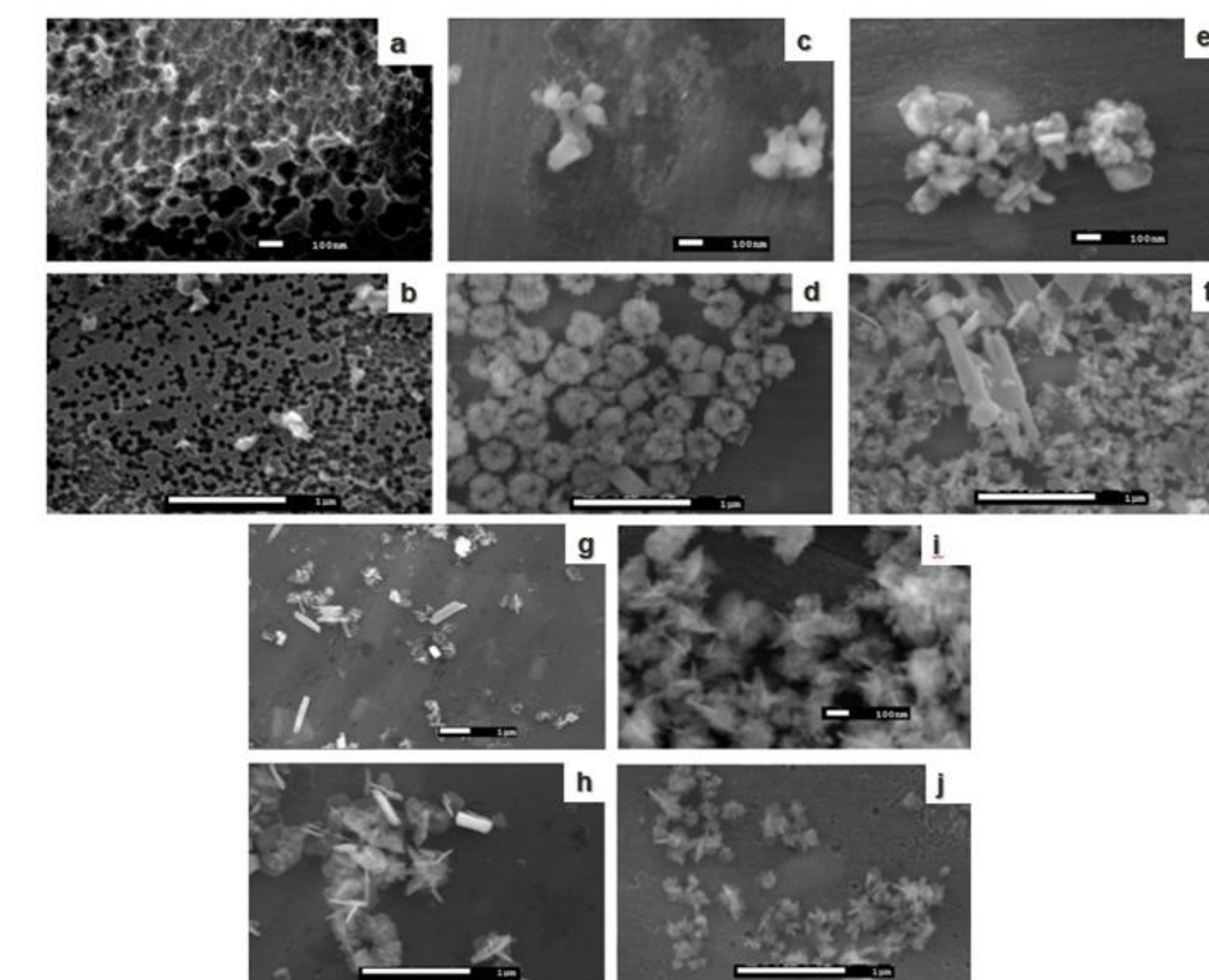


Fig. 6. Micrographs of YF₃:Ce³⁺ (5%) with various stabilizers: a, b - PEG-20000, c, d - PEG-2000, e, f - PEG-200, g, h - PEI, i, j - PVP.

Conclusions

- optimal phosphor for X-ray photodynamic therapy is yttrium fluoride with a cerium concentration of 5 mol%, since it has the highest luminescence intensity in the under UV and X-ray excitations.
- ethylene glycol medium was chosen, since it allows one to obtain particles less than 100 nm with good colloidal stability.
- as a stabilizer among PEG, PEI and PVP, PEG-20000 has proven itself in the best way. However, PVP also holds promise due to its shortened synthesis time